



Raw Salad

Ingredients

Raw spinach

Lettuce

Cauliflower

Carrots

French dressing

Action

- a. Combine equal parts of vegetables.
- b. Cut or chopped fine.
- c. Shredded raw carrots.
- d. Marinate for 30 to 45 minutes, in salad dressing.
- e. Serve on lettuce.

Note: Marinate not longer than 45 minutes.

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